

REIKI ENERGY BALANCING CONSENT FORM

My Status and Scope of Practice

I, Robin Arnold, am a Reiki Master Practitioner. Reiki is a gentle, complementary, energy technique based on Oriental Medicine and its approach to health and healing. I do not diagnose or treat disease with a reiki session. These sessions are not a substitute for diagnosis or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions.

Basic Definition of Reiki:

Reiki is an energy therapy based on the principle of Oriental Medicine in which practitioners consciously use their hands in a heart-centered and intentional way to support and facilitate physical, emotional, mental and spiritual health and healing.

Reiki is a holistic, complementary and integrative energy based therapy that is accomplished through the practitioner's use of contact and/or non-contact touch and a heart-centered state of being. The healing traditions of many cultures emphasize the importance of subtle energy systems that flow through and around the human body, affecting its health and vitality. Many of these traditions stress that balancing these energy fields can assist the body, mind and spirit in moving towards and maintaining wellness.

Description of a Session

During a session, I will place my hands on or above the person's fully clothed body, noting any sensations or imbalances to assess the energy field. I then choose a healing technique that is appropriate for your needs. This may include physical touch as well as non-physical touch. There is a high likelihood that you will experience the relaxation response during the session. A feedback discussion will follow. People have many different responses to reiki. Some clients describe sensations of moving energy, deep relaxation, feelings of being supported and nurtured, or visions of images and colors. Some patients may experience an emotional release such as tears; some have what they consider to be a spiritual experience or they may develop insight into specific areas of their lives.

Use of Essential/Aromatic Oils

Aromatherapy (essential oils) may be used during a session, in the room, on practitioner's hands, or directly on patient. **Please advise before session if you desire to use or avoid oils.**

My Energy/Educational, Training and Experience

Reiki Master; Acupuncture Physician; Dipl.Ac. (NCCAOM®); B.S. Alternative Medicine; B.S. Health Science; M.S. Oriental Medicine; Certified Pyramid Feng Shui Practitioner; Inception Point Therapy® Practitioner.

Signed: _____ Date: _____

Print Name: _____ Phone: _____

Email: _____ check if wish to receive newsletters/information from Robin Arnold/Acubalance.